

CURRICULUM VITAE

Michael J. Radyko

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EDUCATION

Master of Science in Nursing August 2010

Vanderbilt University School of Nursing

Psychiatric Mental Health Nurse Practitioner- Specialty

Master of Science in Social Work May 2004

The University of Tennessee, Knoxville, TN

Bachelor of Science in Social Work December 2002

Tennessee State University, Nashville, TN

LICENSURE, CERTIFICATION & ADDITIONAL TRAINING

Drug Enforcement Administration (Active DEA #) Valid through April 30, 2019

American Heart Association- BLS, CPR & AED Valid through September 2016

Adult Psychiatric Mental Health Nurse Practitioner-Board Certified (PMHNP-BC) via -

American Nurses Credentialing Center Certification through November 2020

Advanced Practice Nurse (APN) – Active State of TN November 2010

Licensed Registered Nurse (RN) – Active Multistate October 2009

Licensed Clinical Social Worker (LCSW) - Active State of TN February 2008

EMDR Certificate of Completion – Parts 1 & 2 EMDR Basic Training June 2006

Certified Master Social Worker (CMSW) July 2004-2008

EXPERIENCE

Novo Healthcare, Madison, TN

- *Psychiatrist Nurse Practitioner* December 2015-Present

Provide adult psychiatric care in outpatient & inpatient clinical settings; diverse populations; perform psychiatric diagnostic interviews; apply pharmacological principles to patient diagnosis; medication management; patient & family education; mental health status assessments. Inpatient: Provide psychiatric assessments, group education, and medication management to recovery community, Mending Hearts, for women in substance abuse treatment via Novo provider.

The Evelyn Frye Center, Nashville, TN

- *Psychiatric Nurse Practitioner, Therapist* October 2011-November 2015
Provide adult psychiatric care in outpatient clinical setting; diverse populations; perform psychiatric diagnostic interviews; apply pharmacological principles to patient diagnosis; medication management; patient & family education; mental health status assessments. *Individual & group therapy* for adults including the Bureau of Prisons, specializing in areas of mood disorders, thought disorders, anxiety, substance abuse, grief, sexual abuse, PTSD & trauma; maintain client files and treatment plans, varied client centered treatment modalities include motivational interviewing, solution focused, trauma focused- CBT, and relapse prevention

Centerstone, Inc., Luton Center & White Ave, Nashville, TN

- *Psychiatric Nurse Practitioner* December 2011-December 2014
Provide psychiatric care for older adult clinic ages 50+; outpatient & home care visits; diverse populations; perform psychiatric diagnostic interviews; apply pharmacological principles to patient diagnosis; medication management; patient & family education; mental health status assessments; coordinate with CM services; team approach

Mental Health Cooperative, Inc., Nashville, TN

- *Psychiatric Nurse Practitioner* September 2010-September 2011
MSN- Clinical Practicum Site October 2009-July 2010
Provide adult psychiatric service; outpatient & inpatient settings; SMI population; perform psychiatric diagnostic interviews; apply pharmacological principles to patient diagnosis; obtain & interpret laboratory tests; provide patient & family education; medication management & documentation; mental health status assessments; crisis intervention; participant and provider of multidisciplinary treatment team; completed mental health assessments & prescribed medications for Mobile Crisis & the Crisis Intervention Center (CIC) for Davidson County per contact with MHC.

The Village of Vanderbilt, Nashville, TN

- *MSN- Clinical Practicum* November 2009-July 2010
Vanderbilt adult psychiatric outpatient clinic: provided individual & group therapy- Suboxone group & Men's group; medication management observational role; psychiatric services with geriatric population, conducted interviews and intake assessments, including diagnosis and treatment

Sexual Assault Center (SAC), Nashville, TN

- *Clinical Therapist* September 2006-June 2008
Treatment with adults and children ages 3-18 years of age in areas of rape, childhood sexual abuse, adult survivors and non-offending parents; work conjointly with DCS and legal system; conduct educational presentations

Foundations Associates, Nashville, TN 2003-2006

- *Adolescent IOP Therapist* November 2005-September 2006
Facilitate therapeutic groups; conduct individual and family sessions; develop treatment plans; coordinate with probation officers and caseworkers; maintain client files and treatment plans
- *Therapist: Out-Patient Services* May 2005-September 2006
Serve as primary therapist for dual diagnosed individuals specializing in areas of sexual abuse, PTSD, and trauma; mediate family sessions; advocate for individuals in community; coordinate services with case managers and psychiatric staff; maintain client files and treatment plans
- *Therapeutic Communities Supervisor* March 2004-May 2005
Coordinate/provide clinical care of residents in therapeutic community including on-call responsibilities; administrative oversight of program operations for residential dual diagnosis program-mental illness and chemical dependency
- *MSSW Internship* May 2003- April 2004
Outpatient therapist in dual diagnosis; counsel with individuals and groups; plan/conduct IOP/specialty/trauma groups

Centerstone Community Mental Health Centers, Inc., Nashville, TN

- *BSSW Internship* August-December 2002
Caseworker for school-based services; crisis intervention; skill teaching; family empowerment; facilitator therapeutic group time; research

VOLUNTEER EXPERIENCE

- *Shade Tree Clinic, Nashville, TN* Spring 2010
Developed therapeutic support group for patients
- *Rape and Sexual Abuse Center, Nashville, TN* 2000-2004
Phone counselor-crisis call line
- *Our Kids Center, Nashville, TN* 2001-2002
Clinical Volunteer: provide childcare, filing, copying, research assistant
- *Living Waters-Pursuing Relational Wholeness, Nashville, TN* 1994-1996
Small group facilitator 30-week program addressing sexual/relational wounds
- *Sexual Abuse Survivors Anonymous (SASA), Detroit, MI* 1991-1993
Founded new meeting; led 12-step groups; retreat facilitator

ADDITIONAL WORK HISTORY

Gibson Musical Instruments, Nashville, TN 1993-2003

Offices Services: activate contracts with vendors; budget/order supplies; train employees; mail room/janitorial/switchboard; communicate with all departments

Rochester Community Schools, Rochester, MI 1987-1993

Custodian: provide building maintenance and security

PROFESSIONAL AFFILIATIONS

American Psychiatric Nurses Association
American Nurses Association
Tennessee Nurses Association
American Nurses Credentialing Center
National Association of Social Workers
Tennessee Association of Social Workers
Alpha Delta Mu- Social Work Honor Society

ACADEMIC CLINICAL EXPERIENCE

Psychiatric Mental Health Nurse Practitioner Practicum MSN Program (unalaried)

Vanderbilt Adult Psychiatric Outpatient Clinic, Nashville, TN
Mental Health Cooperative, Inc., Nashville, TN
Rene Love, DNP, APRN
Fall 2009, Spring & Summer 2010, Total hours 620

Proficient in:

- Performing psychiatric diagnostic interviews
- Applying pharmacological principles to patient diagnosis
- Obtaining and interpreting laboratory tests
- Providing patient and family education
- Medication management
- Documentation
- Mental Health Status Assessment
- Individual and Group therapy
- Crisis intervention

Matthew Walker Comprehensive Care, Nashville, TN
Angela Jackson, APRN
Spring 2010, Total hours 60

Proficient in:

- Obtaining complete health history & Documentation
- Independently performing complete and focused physical examinations
- Applying pharmacological principles to patient care situations
- Obtaining and evaluating laboratory and diagnostic tests
- Providing patient education and health promotion

RESEARCH EXPERIENCE

Vanderbilt Adult Psychiatric Outpatient Clinic Spring-Summer 2010
White Board Project & Implementation under guidance of Dr. Rene Love clinic director

Our Kids Center, Nashville, TN 2001-2002
Research assistant to master's level social worker; reviewed intake documents and client charts, demographic & data collection; Information regarding childhood sexual abuse

HONORS

- Outstanding Student Award, Vanderbilt University School of Nursing-Psychiatric Specialty, August 2010
- Nominated for the JANSEEN nursing student scholarship, Spring 2010
- Graduated *Summa Cum Laude*, Tennessee State University, Nashville, TN December 2002- Bachelor of Science in Social Work (BSSW)
- Induction into Alpha Delta Mu- Social Work Honor Society, Fall 2002

PRESENTATIONS

- Trauma- Diagnoses, Treatment & When to Refer
Vanderbilt University School of Nursing, Nashville, TN Fall 2013
Course: Managing Psychiatric Issues in Primary Care for the Non-Psych Provider
- Treating Adult Survivors of Childhood Sexual Abuse- Addictions, PTSD and other Co-Occurring Disorders
Rape & Sexual Abuse Center, Nashville, TN November 16, 2007
Community workshop offering 6 CEU's
- Childhood Sexual Abuse and Implications for Social Workers April 2006
Post Traumatic Stress Disorder and Addiction March 2006
Childhood Sexual Abuse and Implications for Social Workers October 2005
Nashville State Community College, Nashville, TN
Courses: Intro to Social Work; Social Work with Families
- Post-Traumatic Stress Disorder January 2006
Foundations Associates, Nashville, TN
Staff Training
- Childhood Sexual Abuse and Implications for Social Workers December 2005
Tennessee State University, Nashville, TN
Course: Social Work Practice II

TEACHING ACTIVITIES

- Student Preceptor, *Vanderbilt University School of Nursing*, September 2013-August 2014, while working at the Frye Center, Nashville, TN; 212 hours.
- Treating Adult Survivors of Childhood Sexual Abuse- Addictions, PTSD and other Co-Occurring Disorders
Rape & Sexual Abuse Center, Nashville, TN November 16, 2007
Community workshop offering 6 CEU's
- Student Preceptor, *The University of Tennessee- Master's degree Social Work program*, August 2005-May 2006 while working at Foundations Associates in Nashville, TN

UNIVERSITY SERVICE

Social Work Club Officer/Committee member- *Tennessee State University*, 2000-2002

CONTINUING EDUCATION

<u>DATE</u>	<u>DESCRIPTION OF TRAINING</u>	<u>HOURS</u>
10/9/15	Pharmacology for Mental Health Professionals	6.3
10/8/15	Using the DSM-5 and ICD-10: The Changing Diagnosis of Mental Disorders	6
9/30/14	HIPPA Privacy	0.5
	Information Technology Security Training <i>Centerstone, Inc.: Essential Learning</i>	0.5
9/20/14-9/23/14	<i>U.S. Psychiatric & Mental Health Conference</i> Two, Too Commonly Confused Disorder: Differentiating ADHD from Bipolar disorder; Safety Issues in Prescribing Hypnotic Agents; Menopausal Depression & Premenstrual Mood Dysregulation; New Anti-Addiction Medications; Pharmacogenetics & Immunotherapies; Cognitive Behavioral Therapy for Personality Disorders; Cognitive Disturbances in Major Depression; Attacking Anxiety and Related Disorders Evidenced Based Practice of PTSD; Mood Disorders and Creativity; Psychiatric Sequelae of Combat & Operational Stress; Adolescent Substance Use Disorders; Updates on Pediatric Psychopharmacology for the Allied Health Professional; Medicine or Menace? Working with Cannabis Use in a Time of Legislation; Treating the Whole Patient: Beyond the Syndrome: Advances in the Integrated Science of Mood Disorders; Detection & Management of Mood & Anxiety disorders in Pregnancy & Postpartum; Management of Behavioral & Psychological Sx of Dementia.	24
7/1/14	TDMHDD Best Practice Guidelines for Children & Adolescents	1

	Drugs in the Workplace	1
	<i>Centerstone, Inc.: Essential Learning</i>	
6/24/14	Evidenced Based Practice	1
	<i>Centerstone, Inc.: Essential Learning</i>	
6/12/14	Psychiatric Disorders in the Aging Population: Dx & Tx of the Overlooked Patient	6
	<i>Cross Country Education</i>	
6/6/14	Make a Smooth Transition from DSM-IV to 5	6
	<i>Cross Country Education</i>	
5/27/14	Cultural Diversity	1.25
	Environmental Safety in the Workplace	2
	Workplace Violence	1.5
	<i>Centerstone, Inc.: Essential Learning</i>	
5/20/14	Adverse Occurrence	0.5
	TDMHDD Best Practice Guidelines for Older Adults	0.5
	Infection Control	1
	<i>Centerstone, Inc.: Essential Learning</i>	
4/29/14	Non-Discrimination	0.5
	Corporate Compliance	0.5
	<i>Centerstone, Inc.: Essential Learning</i>	
11/15/13	Mental Health Law	6
9/6/13	Older Adults & Addiction Treatment	3
	<i>Pine Grove Behavioral Health</i>	
9/3/13	Anti-Harassment Policy	0.5
	<i>Centerstone, Inc.: Essential Learning</i>	
10/5/12	Boundaries & Ethics: Why Do I Need This Course	3
	<i>Pine Grove Behavioral Health</i>	
9/16/12	ADHD in other Psychiatric Disorders	1
6/26/12	Psychopharmacology: What You Need to Know about Psychiatric Medications (by PESI).	6
1/31/2012	Medscape:	
	Helping Patients Who Drink Too Much	1
	PTSD: Principles of Diagnosis & Treatment	0.75
12/29/11	Centerstone Corporate Compliance:	
	Evidence Based Practice	1
	Prevention & Intervention Techniques	1
	Human Subject Research	1
	Inquiries & Appeals	0.5
	Family & Medical Leave Act	0.25
	TDMHDD Best Practice Guidelines for Adults, Adolescents & Children	1.5
	Legal Issues in Mental Health	0.5
	Essential Learning via MHC:	
8/15/11	Client/Patient Rights	2
6/10/11	Exposure Control Plan	1.5
6/9/11	Dual Diagnosis Treatment	3
	Overview of Pharmacology	4
	Crisis Management	2
6/8/11	Infection Prevention	4

5/11/11	Quality Improvement	1
4/11/11	Therapeutic Boundaries	1.5
4/8/11	Working with Abuse	2
4/4/11	Confidentiality & HIPAA	3
	Variance/Error Reporting & Disclosure	1
	Sexual Harassment	1
	Fire Safety	3
3/17/11	Environmental Safety in the Workplace	2
	Drugs in the Workplace	1
2/10/11	HIPAA for Mental Health Professionals	1
	Breach Notification Training	1
	Fraud, Waste & Abuse	1
12/30/10	HIPAA Training	0.5
Fall 2009- Summer 2010	PMHNP specialty student (Psychiatric Mental Health Nurse Practitioner Program) Enrolled- <i>Vanderbilt University School of Nursing</i>	40 credits
	<ul style="list-style-type: none"> • Theory, Research & APN: Integration & Application • Health Care Delivery Systems • Transitions to Advanced Practice Role • Psychiatric Issues Specialty Populations • PMHNP Preceptorship • Advanced Pharmaco-therapeutics • Research Methods Advanced Nursing Practice • Theoretical Foundations w/ Groups & Families • Practicum w/ Individuals & Groups • Pathophysiologic Concepts • Advanced Health Assessment Practicum • Advanced Health Assessment & Clinical Reasoning • Models & Theories of Psychiatric Mental Health Nursing • Neurobiology & Diagnosis in Psychiatry • Psychopharmacology • Theoretical Foundations of Advanced Nursing Practice • Theoretical Foundations & Practicum in Psychiatric MH Nursing Across the Lifespan 	
Fall 2008- Summer 2009	Pre-specialty student VUSN (RN program)	42 credits
Summer 2008	Anatomy & Physiology II (Nashville State)	4 credits
	Microbiology	4 credits
	Nutrition	3 credit
Spring 2008	Anatomy & Physiology I (Nashville State)	4 credits
4/4/08	Compassion Fatigue: Self-Care for the Caregiver	6
2/1/08	Tools for the Toolbox: Interventions for Sexually Reactive & Sexually Abused Children and Adolescents	6
11/9/07	Dual Relationships & the Ethics of Touch,	3

10/19/07	Institute for Professional Development Ethical & Clinical Responses to Client Expression of Sexual Attraction (Thom Rutledge)	3
September 7-8, 2007	LCSW exam prep course + 3 CEU's in Ethics	15
8/15/07	Play Therapy-Tools of the Trade	6
7/27/07	TN Coalition against domestic Violence	2.5
6/29/07	Cultural Competency- working w/ interpreters	3
5/17/07	Victims Compensation training	1
5/11/07	Cultural Competency (Maria Majia)	2
4/26/07	Training- Vanderbilt Center of Excellence	1
3/23/07	Rape & Sexual Abuse Center-staff development	1.5
3/8/07	Adolescent & Self-mutilation (Vanderbilt)	1
2/20/07	Self-care, Compassion Fatigue (Thom Rutledge)	3
12/11/06	Trauma Focused- CBT	10
10/18/06	Sex Addiction (Rebecca Lee-RASAC)	1
June 2-4, 2006	EMDR Training Part 2	
Sept. 30- Oct. 2, 2005	EMDR part 1, EMDR Institute, Inc.	17
May 29- June 3, 2005	SUMMIT 2005: TN Advanced School on Addictions The Creative Spirit, Jane Middleton-Moz From Risk to Resilience, Jerry Moe, MA The Ice Storm, Cardwell C. Nuckols, PhD Numbing the Pain: PTSD & Substance Abuse, Lisa Najavitis, PhD Substance Abuse Treatment & Family Therapy, Andrew Hamid, PhD	21.5
4/1/2005	A Multifaceted, CBT Approach to Trauma & PTSD	
10/11/2004	Middle TN Residential Training- TN Dept. of Mental Health & Developmental Disabilities	
Jan.-Nov. 2004	Foundations Associates, Inc: Confidentiality & Legal Issues Motivational Interviewing Etiology & Dx of Mental Health & Substance Abuse Crisis Intervention Medications Management CPI Training	
9/10/2002	Learn How to Help Adult & Child Survivors of Sexual Abuse	